Goal Identification Worksheet

Instructions

1. Write the occupational title of your immediate job goal representing the kind of job you plan to pursue right now. If you've more than one distinct job goal, complete this exercise for each one. See page 49 for a list of Occupational Titles. Review the values that you identified as important to your job goals on the Values Checklist on page 54. Which conditions do you require in a new opportunity? Which conditions do you desire?

2. Write your required values and desired values from the Values Checklist in the appropriate space below.

3. Evaluate whether your expectations are reasonable and attainable. To accomplish this, conduct a Labor Market Survey (as described on page 34).

Job Goal

Required Values

Desired Values

Reality Check

Are these expectations reasonable and attainable? Yes ☐ No ☐

If you answered no or are unsure, reexamine your values.